



Road Rage

Aggressive drivers are becoming the norm on our highways these days. Even the ordinarily calm, rational, and law-abiding driver can turn into an unsafe and hostile driver who has little regards for other drivers on the road. They do things that endanger them and you or me. How do we avoid these drivers when confronted by them?

SHOW & TELL FORMAT: (should be done in a parking lot)
SHOW each technique and **TELL** the group what the technique is. Go to your yard area and walk the drivers the steps listed below. Use your vehicle as your platform to present the techniques.

Listed here are some tips that might help you handle that aggressive driver and suggestions for not becoming one yourself:

1. Avoid eye contact, the other driver may interpret eye contact as a challenge.
2. Stay calm & relaxed. TWO aggressive drivers make matters only worse
3. Ignore harassing gestures and name calling, and do not return them
4. Do no challenge an aggressive driver by speeding up or attempting to hold your position, move over
5. Make every effort to get out of the way safely. Do not escalate the situation
6. Always wear your seat belt and encourage your passengers to do so also
7. Report aggressive behavior to the local police with as much detailed information as possible
8. If you are followed by an aggressive driver, do no stop or get out of the vehicle. Call 911 if you have a cell phone and go directly to a police station.
9. Tried not to drive when you are angry, upset or very tired. These can lead to you becoming that aggressive driver.
10. Give others the benefit of the doubt; be polite, courteous and forgiving.

SHOW: (Choose a volunteer) Have one worker discuss one or two of the techniques

Employee's Signature: _____ Date: / /

Presenter's Signature _____ Date: / /

Berkley Mid-Atlantic Group **Tailgate session- ROAD RAGE**

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